



MIDDLE-BROOK REGIONAL HEALTH COMMISSION

111 Greenbrook Road
Green Brook, NJ 08812
(732) 968-5151

www.middlebrookhealth.org

Kevin G. Sumner, Health Officer/Director
e-mail: ksumner@middlebrookhealth.org

PARTICIPATING MUNICIPALITIES

BOROUGH OF BOUND BROOK
TOWNSHIP OF GREEN BROOK
BOROUGH OF SOUTH BOUND BROOK
BOROUGH OF WATCHUNG
TOWNSHIP OF WARREN

Seasonal Flu Vaccines Offered by Health Commission

The Middle-Brook Regional Health Commission (MBRHC) will be offering seasonal flu vaccines to the residents of Bound Brook, Green Brook, South Bound Brook, Warren and Watchung. This year the seasonal vaccine is the same vaccine as that used in 2010 and includes protection against the H1N1 virus.

“We will be providing vaccinations in September this year, to help assure that residents have time to receive the vaccine before flu season” says Kevin Sumner, Health Officer for MBRHC. He adds that, “It takes about two weeks after receiving the vaccine for a body to build immunity. Since flu season can begin as early as October, September is an ideal time to be vaccinated.”

The following is a schedule of influenza vaccination clinics.

Thursday, September 22, 2011
Warren Township
Our Lady of the Mount Catholic Church
167 Mt. Bethel Road
11:00 am to 12:00 noon

Thursday, September 29, 2011
Green Brook Township
Green Brook Municipal Building
111 Greenbrook Road
4:30 PM to 6:30 PM

Vaccinations will be available for adults aged 18 and over and we have schedules an early evening clinic on the 29th to better serve working adults. The flu vaccine is particularly recommended for those 65 and older, adults with chronic health conditions such as diabetes, heart disease and other conditions, and healthcare providers and we strongly encourage individuals in these groups to get their flu shot.

Vaccination is free to those with Medicare Part B, but residents must bring their Medicare card; others will be charged \$20 for the flu vaccine. Pre-registration will not be required this year and walk-ins are welcome. Registration forms will be available on our website and can be printed, filled in and brought to the clinic. They can also be completed at the health department’s offices in Green Brook or Warren Town Halls or filled out at the clinic.

For more information, please call 732-968-5151 option 3 or 908-753-8000 ext. 239, or visit www.middlebrookhealth.org.



Public Health
Prevent. Promote. Protect.